



# OPENING DOORS: **DIGITAL**

*Opening doors to healthy, respectful relationships*



# The Program

**Opening Doors: Digital** is an interactive, online experience that aims to educate and empower young people to engage in healthy, respectful relationships. Through an innovative, multimedia storytelling format it addresses the issues of **domestic violence** and **image-based abuse**.

This digital program has been developed by Tantrum, the Hunter region's leading professional youth arts organisation. Following the success of Tantrum's acclaimed theatre-in-education program, **Opening Doors**, which toured to schools across NSW for almost 10 years, Tantrum developed a new, digital version called **Opening Doors: Digital** to bring this important program to more young people through an accessible online platform. The program content has been developed in consultation with community partners including legal and support services with expertise in family and domestic violence.



# Register for a FREE Place in the Program

Schools in the Hunter, Lake Macquarie and Central Coast are invited to register for a **FREE** place in the **Opening Doors: Digital** program in 2023/24.

To receive a funded place in the program you will need to nominate one class (up to 30 students) to take part in the program in Term 4 2023 or Term 1-2 2024. Tantrum will support the delivery of the program for that class, attending your school on the nominated date/time to co-facilitate with the classroom teacher.

Your school will then have access to the **Opening Doors: Digital** program for a further 6 months, in which time you can choose to deliver the program to further students in your school.

This free pilot program is made possible thanks to funding from the NSW Government through the Stronger Country Communities Programme.

**Register Now**

Proudly funded by



**OPENING DOORS:**  
**DIGITAL**



## Outcomes

The **Opening Doors: Digital** program aims to improve the wellbeing of young people through equipping them with the information, understanding and support networks needed to enjoy healthy and respectful relationships in their lives.

This program benefits the wellbeing of young people through:

- Exploring the early signs of abuse and controlling behaviours in relationships
- Introducing them to the support services that exist in their community
- Empowering them to take proactive steps to seek help on a range of issues

## Who is it for?

**Opening Doors: Digital** is aimed at school students in Stages 5 and 6 (Years 9–12).

## What does it cost?

**Opening Doors: Digital** is funded for schools in the Hunter, Lake Macquarie and Central Coast LGAs, meaning your school can access the program free-of-charge until the end of Term 2 2024.

# OPENING DOORS: DIGITAL

## How does it work?

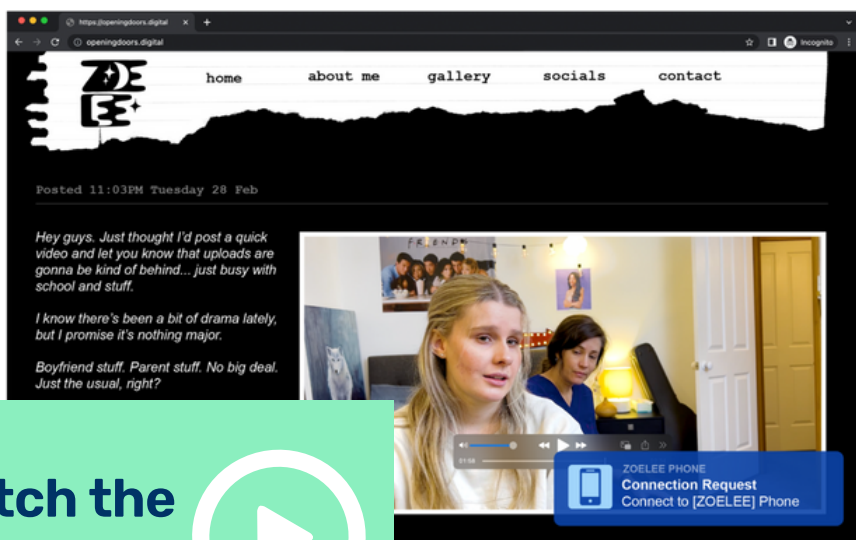
Opening Doors: Digital is designed to be delivered in the classroom setting, with the support and guidance of a classroom teacher. There are two key components to the program:

### Part 1 - Online Experience - 60 mins

Students access the Opening Doors: Digital online experience via desktop or laptop computers on a purpose-built website. During the program they will engage in 15-year-old Zoe's story through interacting with her public, curated videos, and viewing her private exchanges with family and friends. While Zoe attempts to make everything in her life look great, we soon learn that some of her relationships are not what they seem.

### Part 2 - Classroom Activities - 45 mins

Following the online experience, the classroom teacher facilitates the follow-up discussion and research tasks provided in the Teacher Pack to assist students to consolidate and synthesise their learning.



Watch the  
Trailer



## Program Delivery Checklist

### Scheduling

- ☐ Select a date for delivery with your class / year group (allowing 90 mins-2 hours to complete the program)
- ☐ Book the Opening Doors: Digital Program [here](#)

### Access and Tech

- ☐ Program log-in details provided 2 weeks prior to delivery
- ☐ Each student needs a desktop or laptop computer, headphones, internet access and Chrome browser

### Delivery

- ☐ Students and teacher go to: <https://openingdoors.digital>
- ☐ Log in and click 'Start'
- ☐ Complete the online experience
- ☐ Complete the follow up discussion and research tasks provided in Teacher Pack
- ☐ Complete the evaluation survey

**OPENING DOORS:**  
**DIGITAL**